

THE
Theraplay[®]
INSTITUTE



2010-11 TRAINING

Save the dates...

**5th International
Theraplay Conference
July 14-15, 2011
Chicago, Illinois**

*Building strong families and
emotionally healthy children and
adults through Theraplay[®] training,
treatment, advocacy and research.*

Introductory Theraplay/MIM
(Marschak Interaction Method)

Cedar Rapids, Iowa
June 22-25, 2010

Chicago, Illinois
July 20-23, 2010
November 9-12, 2010

College Park, Maryland
July 12-15, 2010

Helena, Montana
August 10-13, 2010

Ignacio (Durango), Colorado
August 23-26, 2010

Peoria, Illinois
September 13-16, 2010

Birmingham, Alabama
September 27-30, 2010

Sacramento, California
October 26-29, 2010

Theraplay Groups: An Introduction

College Park, Maryland
July 16, 2010

Chicago, Illinois
July 24, 2010

Intermediate Theraplay/MIM

Chicago, Illinois
July 11-13, 2011*

Advanced Practice

Chicago, Illinois
June 26-27, 2010
July 16-17, 2011*

**In conjunction with our
5th International Conference*

WHAT IS THERAPLAY®?

Theraplay® is a short-term, therapist-guided play therapy for children and their parents/caregivers which:

- Enhances attachment, self-esteem and trust in others through joyful engagement
- Is based on the natural patterns of healthy interaction between parent and child
- Focuses on four essential qualities found in parent-child relationships: Structure, Nurture, Engagement and Challenge
- Creates an active and empathic connection between child and parents
- Results in a changed view of the self as worthy and lovable, and of relationships as positive and rewarding

WHAT IS MARSCHAK INTERACTION METHOD?

The MIM is a structured technique for observing and assessing the interaction between caregivers and child. The MIM:

- Consists of a series of simple tasks which the caregivers and child perform together
- Is used to evaluate the parents' capacity for Structure, Nurture, Engagement and Challenge and the child's response to the parents
- Is a valuable tool in planning treatment and determining how to help families strengthen their relationships

WHAT IS GROUP THERAPLAY®?

Group Theraplay® is an adaptation of Theraplay to settings in which the therapist or other professional works with groups of children or with groups of parents and children. It is:

- A play group structured by adult leaders
- Cooperative and nurturing activities that lead to increased self-esteem, a sense of belonging, trust and social growth
- Used in classrooms, clinical and residential settings

SPECIAL FEATURES

Theraplay Institute training:

- Is intensive, active and rewarding
- Is limited in number of participants so that each person receives special, individual attention
- Features a high ratio of professionally trained leaders to number of participants
- Includes videos of treatment with a variety of clients
- Provides role-play opportunities to practice Theraplay techniques
- Introductory Theraplay/MIM training features a demonstration of family treatment including assessment, feedback to parents, and several Theraplay sessions
- Intermediate training provides the opportunity to work on specific issues arising from your practice and to exchange ideas with others using Theraplay in a variety of settings

WHO SHOULD ATTEND

Introductory-level training is designed for masters and doctoral level professionals or those with comprehensive knowledge and background in child development or psychology. Completion of the introductory-level work is required for participation at the intermediate level.

- Psychologists and psychiatrists
- Social Workers
- Counselors
- Family Therapists
- Play Therapists
- Teachers
- Occupational Therapists
- Speech and Language Therapists
- Adoption/Post-Adoption counselors
- Early Childhood & Developmental Specialists

CONTINUING EDUCATION

The Theraplay Institute is approved by the **American Psychological Association** to sponsor continuing education for psychologists. The Theraplay Institute maintains responsibility for these programs and their contents.

The Theraplay Institute is approved by the **Association for Play Therapy** to offer continuing education specific to play therapy. The Theraplay Institute maintains responsibility for the program. Our provider number is 95-008.

The Theraplay Institute is approved by the **State of Illinois Department of Professional Regulation** for Licensed Clinical Social Workers (CE Sponsor #159-000177), Licensed Professional Counselors, Licensed Clinical Professional Counselors (CE Sponsor #197-000003), and Licensed Marriage and Family Therapists (CE Sponsor #168-000134). The Theraplay Institute is also approved by the Illinois State Board of Education for teachers (provider #101133) and by Illinois Early Intervention. Please check with us for accreditation in other states.

In all aspects of our continuing education program, we strive to maintain an awareness of and sensitivity to individual differences among people including those of age, gender, sexual orientation, socioeconomic, ethnic and religious background, psychological vulnerability, and physical handicap.

CERTIFICATION

Masters and doctoral level clinicians and educators can earn the credential of Certified Theraplay Therapist, or Certified Group Theraplay Specialist awarded by The Theraplay Institute.

Certification requirements include completion of the Introductory and Intermediate levels of training plus completion of a supervision program with The Theraplay Institute. *Only certified graduates may refer to themselves as Theraplay[®] Therapists or their practice as Theraplay[®].*

A detailed description of certification requirements is available at: www.theraplay.org.

INTRODUCTORY THERAPLAY & MIM

Step #1, required, for Theraplay certification

Fee: \$695 for non-members • \$670 for Theraplay Association members

CE credits: 26 hours

Included: **New, third edition!** *Theraplay: Helping Parents and Children Build Better Relationships Through Attachment-Based Play*, by Phyllis B. Booth and Ann M. Jernberg, a \$60 value. Readings from this book will be required. **If you already own the new, third edition, you may take a \$30 deduction from your registration fee.**

Theraplay and the Marschak Interaction Method are combined in this four-day intensive training. This training is designed to teach you how to:

- Administer the MIM and analyze it at a beginning level
- Conduct feedback sessions with parents based upon the MIM analysis
- Use the MIM as a guideline for Theraplay treatment planning
- Differentiate and use the four Theraplay dimensions: Structure, Nurture, Engagement and Challenge
- Describe the relationship of Theraplay to current attachment and brain research
- Describe how Theraplay is applied to meet the needs of children with behavior problems, foster and adopted children, children with autism/PDD, older children and children suffering from trauma
- Work with parents to observe their children more empathically and participate in treatment sessions aimed at fostering better parent-child attachment

THERAPLAY GROUPS: AN INTRODUCTION

Required for certification as a Group Theraplay Specialist

Fee: \$195 non-members
\$170 Theraplay Association members

CE credits: 6.5 hours

This training is designed to teach you how to:

- Apply Theraplay principles to group treatment
- Use group rules and techniques through practice
- Adapt group Theraplay to different populations
- Manage resistance and other problems
- Explain how to implement group sessions within your own organization

COMMENTS FROM PARTICIPANTS

The following comments come from recent, anonymous Introductory Theraplay/MIM evaluations. We are happy to put you in touch with a Theraplay-trained professional in your area or field to discuss the value of this training.

“Thanks for the terrific training—it was probably the most useful training I have received in years. I am looking forward to incorporating Theraplay® into my practice.”

“It was a thrilling experience. I feel very confident and comfortable in using the Theraplay modality at my work. I was hesitant to get the training due to the high price, but after participating in this structured workshop, I feel it is worth much more than I paid. I just want to thank you for giving me this great privilege to learn this new approach to helping my kids.”

“This was an exceptionally well-planned and executed workshop. The trainers were not only knowledgeable, but current. I was especially impressed with your current brain information. Thank you.”

“This training was wonderful. Not only did it teach me the principles and methods, but it gave me the ‘hands-on’ experience that helped me learn on a deeper level, as well as giving me confidence to use Theraplay later. The role play techniques were great (and I don’t even like role play!) It was also great to observe ‘real, live’ MIM and Theraplay sessions with ‘K’ and her mom. Excellent training!

“It was the best training that I have ever had.”

INTERMEDIATE THERAPLAY & MIM

*Prerequisite: Introductory Theraplay & MIM
Required for Theraplay certification*

Fee: \$525 non-members
\$500 Theraplay Association members

CE Credits: 19.5

The emphasis of this three-day training is on specific issues arising from the use of the Theraplay model, including working with parents. Participants should be using Theraplay in their work and come to training with a case to present. This three-day training is designed to help you:

- Improve your skills in working with parents in Theraplay
- Use a wider range of Theraplay activities and techniques
- Apply the Theraplay dimensions to additional populations and settings
- Adapt Theraplay for traumatized children
- Administer and analyze the MIM at an intermediate skill level

OTHER TRAINING OPTIONS

You can bring Theraplay® training to your home town!

Closed Contract Training: For trainings outside the U.S. or for agencies with a large staff to train, we will create a training proposal tailored to your clientele and setting.

Hosting Training: You provide the training space, AV equipment, and local logistical support in exchange for a training scholarship equivalent to one free registrant. The Theraplay Institute takes the financial risk and pays for everything else. Option available only within the Continental U.S.

Sponsoring Training: You provide the training space, AV equipment, refreshments, handouts and local logistical support in exchange for free or reduced fee registration on a sliding scale

based upon number of paid registrants. Option available only within the Continental U.S.

Presentations: For larger groups or conferences, we have presentations ranging in length from one hour to two days. Content can be customized to fit your needs and audience, whether it be professionals, paraprofessionals or parents.

Programs include:

- MIM training for those who only work with assessments
- One-day Introduction to Theraplay seminar
- Theraplay for Adoptive/Foster Parents
- Short presentations about any aspect of Theraplay

ADVANCED THERAPLAY & MIM

Prerequisite: Intermediate Theraplay & MIM

Fee: \$295 non-members
\$270 Theraplay Association members

CE credits: 12

This is a two-day group supervision focused on advanced Theraplay and MIM practice and research. Participants will present videotaped segments of their Theraplay work to the group for feedback and supervision. This training is designed to help you:

- Develop skills in scoring, analysis and use of the MIM for treatment planning to an advanced level
- Apply Theraplay to more challenging settings and populations
- Present Theraplay to relevant audiences
- Describe the latest developments in research and theory that impact the Theraplay model.

In addition to CE credits, participants may earn up to 10 supervisory hours toward Theraplay therapist certification (applies to *one* Advanced Practice; attendance at subsequent Advanced Practice will earn CE credits only.)

- Theraplay Groups for Pre-Schools and Schools

Please contact us or visit our web site for more information about these options.

Our recent training hosts and sponsors:

After Adoption, Manchester, England
Agintzari Coop de Iniciativa Social, Bilbao, Spain
Barnardos BMISS Team, Wales
British Association for Fostering and Adoption, Birmingham, England
Casey Family Services, Portland, ME
Catholic Family & Child Services, Yakima, WA
Center Against Abuse, Riga, Latvia
Children's Bureau, Indianapolis, IN
Desert/Mountain Selpa Children's Center, Apple Valley, CA
Family Futures, London, England
Gay Caldwell-Roper Counselor Education Center, Houston, TX

Japan Theraplay Training Group, Tokyo, Japan
John F. Kennedy University, Department of Psychology, Campbell, CA
Kids and Families Together, Ventura, CA
The Learning Institute at The Baby Fold, Normal, IL
Mid-America Nazarene University Play Therapy Department, Olathe, KS
The Psychoanalytic Psychotherapy Study Center, New York, NY
Salt River Pima-Maricopa Indian Community Social Services, Phoenix, AZ
Statewide and Mental Health Services, Hobart, Tasmania
Tahoe Youth & Family Services, South Lake Tahoe, CA
University of Umea, Department of Clinical Sciences, Umea, Sweden
Utah Chapter-Association of Play Therapy
Wilder Foundation Center for Children with RAD, St. Paul, MN
Young Child Mental Health Mentoring Partnership, Raleigh, NC

ABOUT THE TRAINERS

All Theraplay Institute trainers have completed a rigorous training program to become Certified Theraplay Trainers.

United States

Phyllis Booth, MA, LMFT, LCPC, RPT/S is Clinical Director of The Theraplay Institute. She worked with Dr. Ann Jernberg in developing the Theraplay method. She authored the third edition of *Theraplay: Helping Parents and Children Build Better Relationships Through Attachment-Based Play*, and is the author of numerous articles about Theraplay. She has also conducted training throughout the United States, Canada, England, Finland, and South Korea and Sweden.

Sandra Lindaman, MA, MSW, LCSW, is Senior Training Advisor to The Theraplay Institute. She is trained as a social worker and speech language pathologist. She has worked at The Theraplay Institute since 1990, in clinical and administrative positions, and was trained in Theraplay by Ann Jernberg and Phyllis Booth. She has written a number of book chapters and articles about Theraplay, in particular for children who are in foster care or have been adopted, and has conducted training across the United States and in Canada, England, Finland, Japan, South Korea and Sweden.

Dafna Lender, MSW, LCSW, is Training Director for The Theraplay Institute. Her focus is on helping children develop a secure attachment with their caregivers while resolving issues in their traumatic history. She has studied Dyadic Developmental Psychotherapy with Daniel Hughes and uses it in combination with Theraplay. She has

worked with children in foster care and group homes within the child welfare system, as well as children adopted from foreign orphanages and children who were prenatally exposed to alcohol and drugs. She has published articles about Theraplay and DDP. She has provided Theraplay training throughout the United States, England, Finland, Israel and Spain.

Phyllis B. Rubin, CCC-SLP, Psy.D, is a licensed clinical psychologist and speech-language pathologist, and a Certified Group Theraplay Trainer, and is credentialed with the Illinois Early Intervention Program. She is the co-author of *Play With Them: Theraplay Groups in the Classroom*. She maintains a private practice in Oak Park, Illinois, and has used Theraplay with children and parents for over 25 years in public school special education classrooms, Head Start, and with her private clients. She has done training throughout the U.S., Australia, England and Sweden.

Karen Doyle Buckwalter, MSW, LCSW, Chaddock, Quincy, IL

Susan Bundy-Myrow, PhD, RPT/S, private practice, Buffalo, NY

Rand Coleman, Ph.D., private practice, Phoenixville, PA

Jean Crume, MSW, LCSW, private practice, Little Rock, AR

Mary Alice DaCosse, MS, Oak Park, IL

Bill Fuller, MSW, LCSW, private practice, Little Rock, AR

Carol Josefson, MA, LCPC, Catholic Charities, Decatur, IL

Annie Kiermaier, LCSW, private practice, West Rockport, ME

Paula Mercer, MSW, LCSW,
therapeutic foster/adoptive parent,
Little Rock, AR

Jessica Mroz Miller, MSW, LCSW,
private practice, Tinley Park, IL

David Myrow, PhD, RPT/S,
private practice, Buffalo, NY

Margery Rieff, PhD, LCPC, RPT/S,
private practice, Fairview, OR

Mary Ring, MAMFC, LPC-S, LMFT-S,
RPT/S, Gay Caldwell-Roper Counselor
Education Center, Houston, TX

Michelle Robison, MSW, LCSW,
Chaddock, Quincy, IL

Marlo Winstead, MSW, LCSW, RPT/S,
private practice, Kansas City, KS

Canada

Heather Lawrence, MSW, RSW,
Blue Hills Child & Family Center

Evangeline Munns, PhD, C Psych, RPT/S,
private practice

Lorie Walton, MEd, private practice
Joan Wilson, MEd, private practice

Finland

Jukka Mäkelä, MD

Lotta Lassenius-Panula, MD

Eira Eklund

Riika Korja

Päivi Korkeaoja

Minna Laakso

Saara Salo, PhD

Sinikka Savola

Pirjo Tuovila

Ilona Vierikko, RN

Germany

Ulrike Franke, SLP, RPT/S

Sweden

Britta Sundberg



REGISTRATION INFORMATION

Payment:

Attendance at the training will be limited, so early registration is suggested. A minimum 25% deposit is required at time of registration. Balance must be paid within 21 days of the training to secure registration.

Cancellation:

Full refunds minus a \$50 processing fee will be granted for cancellations made at least 21 days prior to the training. No refund will be granted for cancellation made less than 21 days prior, although we will credit your payment to another training. Should unforeseen circumstances lead to a cancellation of any training, TTI's liability is limited to refunding registration fees only.

Book Shipment:

We cannot guarantee delivery prior to the training for registrations received less than 10 days in advance or from registrants outside the U.S. For priority shipping, please add \$10 to your registration fee within the U.S. and \$20 outside the U.S.

Times:

Check-in and coffee service begins at 8:00 a.m.; the training will begin at 8:30 and end at 4:30 each day, except the last day of Introductory training, when we end at 3:30.

Travel Information:

Information about hotel accommodations, maps and driving instructions will be included in your welcome letter; or visit our web site: www.theraplay.org.

Theraplay Association Membership:

Annual dues are \$50. Association members are entitled to a \$25 discount on any training. Members also receive a 50% discount on listing in the on-line Theraplay Referral Resource Directory; a 10% discount on all Theraplay media materials, *The Theraplay Institute Newsletter* twice per year, and a Theraplay Association tote bag. Join now and take advantage of the registration discount for members.

SCHEDULE AND LOCATIONS: SEE FRONT COVER

REGISTRATION FORM

Please print. Include session name and dates.

Preferred mailing address: _____ Work _____ Home

Your Name _____ Degree _____

Job Title _____

Organization _____

Work Address _____

Home Address _____

Phone (work) _____

(home) _____

E-mail _____

Fax _____

Name of training(s) _____

Dates _____

Association member _____ yes _____ no

Sign me up today! I enclose \$50 for my annual dues which entitles me to a \$25 discount on this registration.

_____ Total Fees enclosed. Full time students may take a 15% discount. Enclose proof with registration.

Make checks payable to: **The Theraplay Institute**

VISA/MC # _____ Exp. Date _____

Name on account _____

Signature _____

To register or for more information contact:

Janet Koestring

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THE Therapy[®] INSTITUTE

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Building strong families and emotionally healthy children and adults through Therapy[®] training, treatment, advocacy and research.

2010-11 Training

For professionals who work with families and children

Learn a treatment modality that takes place in an intimate, playful, attuned and interactive environment. Therapy has been used successfully to help:

- Foster/adoptive children form secure attachments
- Children who are trauma victims
- Shy, withdrawn children
- Overactive, controlling or aggressive children
- Children with autism/PDD
- Children who are physically or mentally challenged
- Children who live in group settings
- Head Start, pre-school students and older children who receive services in group settings

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