

CONTINUING EDUCATION: 6 CE's

The Theraplay Institute is approved by the **American Psychological Association** to sponsor continuing education for psychologists. The Theraplay Institute maintains responsibility for this program and its content. The Theraplay Institute is approved by the **Association for Play Therapy** to offer continuing education specific to play therapy (provider number 95-008) and Illinois Early Intervention.

The Theraplay Institute is approved by the State of Illinois Department of Professional Regulation for **Licensed Social Workers** (CE Sponsor #159-000177), **Licensed Professional Counselors, Licensed Clinical Professional Counselors** (CE Sponsor #197-000003), and **Licensed Marriage and Family Therapists** (CE Sponsor #168-000134). The Theraplay Institute is also approved by the **Illinois State Board of Education for teachers** (provider #101122).

THE Theraplay® INSTITUTE IS:

- A treatment center, providing therapeutic services to children and their parents in the Chicago area
- An educational facility, providing training in the Theraplay model for professionals, parents, and teachers, locally and internationally
- An information resource with an on-line referral directory and library of publications on Theraplay, and a media resource center of books and videos for purchase
- A research clearinghouse, supporting and collecting research results on the effectiveness of Theraplay

TTI offers a certification program to obtain the credentials of Certified Theraplay Therapist and Certified Theraplay Trainer/Supervisor. Training required for certification is offered in the Chicago area and other locations. For more information visit our website: www.theraplay.org.



THE Theraplay® INSTITUTE

3330 Old Glenview Road
Suite 8
Wilmette, IL 60091

Return Service Requested

Theraplay®

Building strong families and emotionally healthy children and adults through Theraplay® training, treatment, advocacy and research.

Theraplay® is a registered service mark of the Theraplay Institute, a 501c (3) nonprofit organization.

THE
Theraplay®
INSTITUTE



INTRODUCTION TO THERAPLAY®

A one-day overview program for professionals
who work with children and families.

Monday, January 18, 2010

(Martin Luther King, Jr. Holiday)

Club Quarters Hotel

111 West Adams

Chicago, Illinois

WHAT IS Theraplay®

Theraplay® was developed in the late 1960's by Dr. Ann Jernberg, a clinical psychologist, to meet the mental health needs of young children in the Head Start program in Chicago, where it is still a model. Since that time, Theraplay has been used successfully to help:

- Foster/adoptive children form secure attachments
- Children who are trauma victims
- Shy, withdrawn children
- Overactive, controlling or aggressive children
- Children with autism/PDD
- Children who are physically or mentally challenged
- Children who live in group settings
- Head Start, pre-school students and others who receive services in group settings.

Theraplay® is a short-term, therapist-guided dyadic psychotherapy that focuses on parent-child relationships. It:

- Enhances attachment, self-esteem and trust in others through joyful engagement
- Is based on the natural patterns of healthy interaction between parent and child
- Focuses on four essential qualities found in parent-child relationships: structure, nurture, engagement and challenge
- Creates an active and empathic connection between child and parents
- Results in a changed view of the self as worthy and lovable, and of relationships as positive

PROGRAM CONTENT

- History and basic assumptions of Theraplay
- Theraplay and current attachment and brain research
- The four dimensions of Theraplay: Structure, Nurture, Engagement and Challenge
- The use of the Marshack Interaction Method (MIM) for assessment and treatment planning
- How Theraplay sessions are planned to meet the individual child's needs
- Methods for involving parents
- Adapting Theraplay for different populations
- Group Theraplay
- Determining when Theraplay should be used

Lecture, practice activities and video case examples will be used.

WHO SHOULD ATTEND?

This program is designed for anyone who would like to know more about Theraplay, including people who refer others for treatment, and professionals considering adding Theraplay to their practice.

- Psychologists and psychiatrists
- Social Workers
- Counselors
- Family Therapists
- Play Therapists
- Teachers
- Occupational Therapists
- Speech and Language Therapists
- Adoption/Post-Adoption counselors
- Early Childhood & Development Specialists

REGISTRATION

INTRODUCTION TO THERAPLAY

Session Date: _____

Name _____

Title/Degree _____

Organization _____

This is my Home Address Work

Address Address _____

Phone (work) _____

Phone (home) _____

E-mail _____

Fees: \$125 per person
\$ 95 for each additional person
from the same organization

Attendance will be limited. Payment is required prior to the program. \$25 per registration will be assessed for cancellation made less than 14 days prior.

_____ Total enclosed. Full time students may take a 15% discount. Enclose proof with registration.

VISA/MC # _____

Exp. Date _____

Name on account _____

Signature _____

To register or for more information contact:

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