

## About the Trainers

**Phyllis Rubin**, CCC-SLP, Psy.D., is a licensed clinical psychologist, speech-language pathologist and Certified Theraplay Therapist and Trainer/Supervisor. She is credentialed with the Illinois Early Intervention Program, and is the co-author of *Play With Them: Theraplay Groups in the Classroom*. She maintains a private practice in Oak Park, Illinois, and has used Theraplay with children and parents for almost 25 years in public school special education classrooms, Head Start, and with her private clients. She has conducted training throughout the U.S., and in England, Sweden and Australia. In addition to Phyllis Rubin, this training may be conducted by any Certified Theraplay Trainer.

## CONTINUING EDUCATION: 6.5 CE's

The Theraplay Institute is approved by the **American Psychological Association** to sponsor continuing education for psychologists. The Theraplay Institute maintains responsibility for this program and its content. The Theraplay Institute is approved by the **Association for Play Therapy** to offer continuing education specific to play therapy (provider number 95-008).

The Theraplay Institute is approved by the State of Illinois Department of Professional Regulation for **Licensed Social Workers** (CE Sponsor #159-000177), **Licensed Professional Counselors, Licensed Clinical Professional Counselors** (CE Sponsor #197-000003), and **Licensed Marriage and Family Therapists** (CE Sponsor #168-000134). The Theraplay Institute is also approved by the **Illinois State Board of Education for teachers** (provider #101122), and Illinois Early Intervention.

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**Theraplay®**  
Building strong families and  
emotionally healthy children and  
adults through Theraplay® training,  
treatment, advocacy and research.



THE Theraplay® INSTITUTE  
3330 Old Glenview Road  
Suite 8  
Wilmette, IL 60091

THE  
Theraplay®  
INSTITUTE



## GROUP THERAPLAY: AN INTRODUCTION

**Friday, July 16, 2010**

*City of College Park City Hall  
4500 Knox Road  
College Park, Maryland*

**Saturday, July 24, 2010**

*Club Quarters Hotel  
111 West Adams  
Chicago, Illinois*

**Save the dates...**

**5th International  
Theraplay Conference  
July 14-15, 2011  
Chicago, Illinois**

## WHAT IS A Theraplay® Group?

A Theraplay group is an adult-directed, structured play group that incorporates playful, cooperative and nurturing activities that enhance the emotional well-being of children. They are beneficial to all children, not just those with behavioral, emotional or developmental problems. Leaders create an atmosphere of fun, caring, acceptance and encouragement which allows children to grow socially, emotionally and often intellectually as well.

Theraplay groups are used primarily in pre-schools, elementary school classrooms, and residential treatment programs. They have been adapted for parent-child dyads in groups, institutionalized adults, adolescents and other populations.

Teachers, counselors and mental health professionals use Theraplay groups to:

- Create an atmosphere that is warm, nurturing, engaging and challenging
- Meet the basic needs of children so they can be freed up emotionally to learn
- Engage hard-to-reach children
- Bring fun and exuberance into the lives of children
- Promote classroom bonding
- Place emphasis on cooperation
- Help children with speech-language delays
- Help regulatory disordered and tactilely defensive children
- Simultaneously address cognitive, social and emotional development
- Encourage children to learn and practice self-control and the internalization of rules and structure
- Enhance self-esteem and increase trust of others through concrete, personal and positive experiences

## WHY A Theraplay® Group?

Unlike other play group approaches, Theraplay learning takes place on a non-verbal level. Instead of talking about positive social behavior, the group leaders and children DO positive social interaction. Gradually, positive messages from the groups become a part of the child's internal sense of himself.

The Theraplay approach can very quickly and dramatically improve the quality of the classroom or other group setting and provide teachers, counselors and therapists with resources to maintain an emotionally positive and cognitively enriched environment.

## PROGRAM CONTENT

The training uses lecture, video examples and practice groups. The learning objectives include:

### Knowledge of

- How to apply Theraplay principles to group treatment
- How to adapt group Theraplay to different populations
- How to manage resistance and other problems
- The steps toward implementing group sessions internally

### And

- Skill development in how to use group rules and techniques through practice

## CERTIFICATION

TTI offers a certification program to obtain the credentials of Certified Group Theraplay Specialist and Group Theraplay Trainer/Supervisor. This course is the required first step toward certification.

## REGISTRATION

INTRODUCTION TO GROUP THERAPLAY  
Session Date: \_\_\_\_\_

Name \_\_\_\_\_

Title/Degree \_\_\_\_\_

Organization \_\_\_\_\_

This is my  Home Address  Work Address

Address \_\_\_\_\_

Phone (work) \_\_\_\_\_

Phone (home) \_\_\_\_\_

E-mail \_\_\_\_\_

**Fees:** \$195 per person for non-members  
\$170 per person for Theraplay Association members

*Attendance will be limited. Payment is required prior to the program. \$25 per registration will be assessed for cancellation made less than 14 days prior.*

\_\_\_\_\_ Total enclosed. Full time students may take a 15% discount. Enclose proof with registration.

VISA/MC # \_\_\_\_\_

Exp. Date \_\_\_\_\_

Name on account \_\_\_\_\_

Signature \_\_\_\_\_

*To register or for more information contact:*

**Janet Koestring, Registrar**  
The Theraplay Institute  
3330 Old Glenview Rd. • Suite 8  
Wilmette, IL 60091  
847/256-7334 • 847/256-7370 (fax)  
janet@theraplay.org • www.theraplay.org

[www.theraplay.org](http://www.theraplay.org)