



THE Theraplay[®] INSTITUTE

Theraplay[®] Supervision and Certification

Graduates of Introductory Theraplay & MIM may apply to The Theraplay Institute's supervision practicum. It is also possible to receive consultation and supervision without joining the practicum. Certified Theraplay Supervisors have a minimum of two years experience as a Certified Theraplay Therapist, and have undergone a rigorous practicum to become a supervisor, including successfully supervising at least four students and passing a written exam.

Adding Theraplay to Your Practice

Theraplay is considered an essential treatment modality for professionals who work with children and families to have in their skill set. Because Theraplay focuses on the parent-child relationship in the "here and now", it can provide results that cannot be obtained from "talk" therapies or traditional non-directive play therapy, for example:

- A way of working with very young children
- Addressing attachment issues and working with foster and adoptive families
- Involving the parent in change
- Working with children who are non-verbal or have developmental delays
- Reaching resistant and oppositional children
- Achieving a quick change in the relationship dynamic of families that are "stuck" in negativity



Theraplay therapists have found that Theraplay easily integrates with other treatment modalities such as DDP and EMDR. One of our supervisors put it this way, "Theraplay supervision will give you a theory base and techniques to go with it that you won't get anywhere else. You will get a foundation for all other methods you endeavor to learn."

The Theraplay Supervision Experience

It is said that true learning starts with supervision. Participants in our supervision practicum will receive top-quality professional feedback to apply their book learning and classroom training to real life clients. Theraplay supervision will develop your skills and build your confidence to deal with your most difficult cases. It will help you feel more comfortable working with parents and with the types of clients that may not have responded to the treatment approaches you previously used. Your new Theraplay skills and web site directory listing can help build your reputation and your practice as well as provide the best treatment services to your clients.

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Educational Requirements

Practicum applicants are expected to hold a Masters degree (or higher) in a mental health field specializing in working with children and families, and licensure that enables them to work independently.

In countries that do not follow the U.S. education and licensing model, applicants will be asked to demonstrate an educational background that is equivalent to the above; they must be able to work independently and take responsibility for the welfare of their clients according to the rules of their country.

Those who do not qualify may earn Associates or Specialized certification. There is also a practicum for Group Theraplay Specialist. More information about these types of certification is available on our web site.

Training Requirements

- Introductory Theraplay & MIM: Four-day training, currently \$695, including the Theraplay text
- Intermediate Theraplay & MIM: Three-day training and supervision, currently \$525.
Registrants should have at least three months using the Theraplay techniques in practice before attending

Three Levels of Certification

Practicum students receive recognition of their progress upon completion of each of these three levels:

- Theraplay Practitioner Level 1: 8 supervised sessions, \$800
- Theraplay Practitioner Level 2 : 20 supervised sessions, \$2,000
- Certified Theraplay Therapist : see below

Payment is “pay as you go”, and you need not commit to completing the entire practicum.

Practicum Summary

- Total number of supervised sessions: 40
- Total number of Theraplay sessions: 200
- Total number of Theraplay cases: At least 10
- Time to complete: Minimum one year for full certification
- Cost: Full certification is \$4,000. Students who have completed Level 2 may receive permission of their supervisor to earn up to 10 credits by means other than direct supervision, thus reducing the total cost.
- Method: Supervision is provided by Certified Theraplay® Supervisors, and can be done live or via long distance by DVD/VHS tape.

Protocol summary

1. Application: Submit required documents with first MIM summary and treatment session DVD
2. To complete Level One: Submit six more sessions for supervision and complete a total of 40 Theraplay sessions
3. To complete Level Two: Submit twelve additional sessions for supervision and a completion log of 60 more Theraplay sessions, complete the Intermediate training, and pass the mid-term evaluation
4. To become fully certified: Submit seventeen additional treatment sessions two written MIM reports, and a completion log of 100 additional Theraplay sessions; pass the final exam evaluation

The complete requirements are available on our web site on the certification page.

There, you will also find answers to frequently asked questions about supervision and certification: www.theraplay.org