

THE Theraplay[®] INSTITUTE

Building strong families and emotionally healthy children and adults through
Theraplay[®] training, treatment, advocacy and research.

International Theraplay[®] Conference

July 14-15, 2011

Gleacher Center • Chicago, IL





5th International Theraplay® Conference

Daily Schedule: 7 Days of Theraplay Events

July 14	Registration and Continental Breakfast	7:45 am – 8:45 am
	Conference	9:00 am – 5:30 pm (one-hour lunch)
July 15	Continental Breakfast	8:00 am – 8:45 am
	Conference	9:00 am – 5:30 pm (one-hour lunch)
July 13	Pre-conference seminar: “Introduction to Theraplay”	8:30 am – 4:00 pm
July 11-13	Intermediate Theraplay/MIM	8:30 am start, each day
July 16	Advanced Practice Day 1: “Working with Parents”	8:30 am – 4:00 pm
July 17	Advanced Practice Day 2: “Supervision Opportunities”	8:30 am – 4:00 pm

For more information about the Intermediate and Advanced classes,
please contact us or visit our website: www.theraplay.org

July 14, 2011

Registration and Continental Breakfast

Keynote Address: Susan Hart, MA

A Neuroaffective Developmental Perspective on Attachment and Relational Disorders



Susan Hart, is a clinical psychologist in private practice in Denmark, who is well known for her work in developmental neuroaffective psychology. She is the author of several books, most recently *The Impact of Attachment* (2011), and frequently gives lectures and courses on the subject.

Bridging the latest decades of brain research with theories of developmental psychology gives us new insight into personality formation. In this presentation the neuroaffective development of early childhood relational development will be described, and discussed alongside the finding that relational misattunements are often an expression of problems with affect regulation. From this starting point it will be described how to shape interventions for the appropriate competence level of the personality.

Dialogue and Discussion:

Sandra Lindaman, LCSW, Senior Training Advisor of The Theraplay Institute, will present a Theraplay case and discuss it with **Ms. Hart**.

Lunch (on your own)

Break-out Sessions Part One

How the Adult Attachment Interview (AAI) Informs Theraplay Treatment

Karen Buckwalter, LCSW, Director of Attachment Programming, Chaddock, Quincy, IL, will provide an overview of the AAI categories and process. She will discuss how information obtained from the AAI can inform MIM feedback and Theraplay treatment. A case study and treatment videos will be included.

Theraplay with Children Who Have Fetal Alcohol Spectrum Disorder (FASD)

Christine Schmidt, PsyD., Coordinator of Child and Adolescent Psychology, Children's Research Triangle, Chicago, IL. Children who have Fetal Alcohol Spectrum Disorders often struggle with a range of neurological impairments that can include difficulties with cognitive, learning, behavioral, sensory, and emotional functioning. These difficulties often interfere with traditional, talk-oriented therapies and parenting strategies. This seminar will provide a basic overview of FASD, as well as information about the use of Theraplay in treatment of children who have been exposed to alcohol prenatally.

Theraplay for Children with Autism and Their Mothers: A Special Program in Japan

Miwa Takai, MA, will show and discuss her work with groups of mothers of children with autism, mother-infant groups and groups in the classroom at Muginoko Center in Sapporo, Japan, which offers a unique program for individuals with developmental problems from infancy to adulthood.

Being on a Mission for Theraplay: Practical Tips for Bringing Theraplay to Other Cultures and Settings

Mary Ring, LPC-S, LMFT-S, RPT-S, Houston's First Baptist Church. Being on mission means leaving your home base to go to another culture or location to share something that is precious to you. This workshop will provide information that will help you to prepare and carry out a mission trip with the purpose of sharing Theraplay.

Break-out Sessions Part Two

Combining Theraplay and Dyadic Developmental Psychotherapy (DDP)

Dafna Lender, LCSW, Training Director, The Theraplay Institute. Dyadic Developmental Psychotherapy (DDP) offers a way for children to process their trauma in the same highly interpersonal and attuned way that Theraplay does. This workshop will focus on when and how to integrate DDP into your Theraplay treatment, and will be illustrated by an in-depth case example of a child with severe attachment/trauma related problems.

Sunshine Circles: Supporting Teachers' Use of Play Groups in Early Childhood Education

Kay Schieffer, MA, MEd, early childhood consultant and behavior support specialist at Grant Wood Area Education Agency, Iowa City. This presentation will review experiences of four classrooms that began Sunshine Circles in 2010 including descriptions of the teacher training, pre- and post- playgroup data, video of play groups, and Web 2.0 technology used to support the teachers' learning process.

Exploring the Use of a Mirror in Theraplay Treatment: Case Examples from South Korea

Youn Mi-Won, PhD, President of the Alliance for Theraplay in South Korea; Shin Hyung-Jung PhD, professor at Department of Social Welfare in Anyang Science University; and Rana Hong, LCSW, RPT-S, Playful Healing Center, Des Plaines, IL. Having theoretical orientations in Object Relations Theory, Attachment Theory and Self Psychology, the presentation illustrates case examples of the successful use of the mirror in Theraplay.

When Grandparents are Raising the Children: Planning Treatment for Uncertain Family Outcomes

Cheryl Ronish, LCSW, Cornerstone Counseling, Helena, Montana. This presentation explores the complexities inherent with parenting issues for this population. Topics include how and when to use Theraplay when the future placement of the children remains unclear and the timetable for making placement decisions leaves children in limbo, and whether or not to involve birth parents.

Networking Breakout Sessions

An opportunity to connect with others who share your specific interests, profession or specialty. Topics will be determined by polling registrants prior to the conference.

July 15, 2011

Registration and Continental Breakfast

Keynote Address: Pat Ogden, PhD

Brain to Brain, Body to Body: Sensorimotor Psychotherapy for Children and Adults



Pat Ogden, PhD, is the founder and director of the Sensorimotor Psychotherapy Institute, an internationally recognized school that specializes in training psychotherapists in somatic/cognitive approaches for the treatment of trauma, developmental and attachment issues. Dr. Ogden is trained in a wide variety of somatic and psychotherapeutic approaches and has worked with diverse populations, including prison inmates, psychiatric inpatients and survivors of trauma. She is the first author of the groundbreaking book, *Trauma and the Body: A Sensorimotor Approach to Psychotherapy* (2006).

This presentation will discuss how sensorimotor interventions that directly address body movement can work to process implicit memories, challenge procedural memory, help regulate dysregulated autonomic arousal, and expand modulation capacities for clients with negative early attachment experiences and unresolved trauma.

Dialogue and Discussion:

Rand Coleman, PhD, will present a Theraplay response and lead discussion with **Dr. Ogden**.

Lunch (on your own)

Break-out Sessions Part One

Treating Children with Complex Trauma: Integrating Theraplay and EMDR

Emily Jernberg, PhD, Ann Arbor, MI, and Ana Gomez, MC, LPC, Phoenix, AZ. Treating children with complex trauma poses a challenge to clinicians. Combining two therapies, Theraplay and EMDR, can have a synergistic effect of facilitating healing in these children. Theraplay can facilitate the child's relationship with the therapist and with the parent, and enhance self-esteem, attachment, and affect regulation, and EMDR can directly treat the trauma itself.

Theraplay Research: Reports from Finland and Sweden

Lotta Lassenius-Panula, MD, Britta Sundberg, Psychologist; Anna-Rosa Perris, MD, will share recent Theraplay research results from Finland and Sweden.

Theraplay and Physical Techniques to Release Body Trauma and Emotional Stress

Anita Johanson Maddox, MA, LCPC, RPT, and Carol Bettendorf, PT,MS, PCS., The Therapy Tree, Lake Villa, IL. Cases will be presented on the use of Theraplay in combination with other techniques to release physical trauma and emotional stress held in the body. Videos, discussion, and demonstrations of techniques will be used, with audience participation for experiential learning.

Group Theraplay in an Inner City After-School Program

Marlo Winstead, MSW, LSCSW, RPT-S. This presentation will review the implementation of Group Theraplay in an after school program with students/youth ages 5-17 in the urban core of Kansas City. Additionally, the use of community volunteers who are non-mental health professionals will be highlighted.

Break-out Sessions Part Two

How Theraplay Can Help Executive Functioning in Children with Asperger's Disorder

Susan Bundy-Myrow, PhD, RPT-S. Executive function deficits underlie many of the behavioral challenges experienced by children with Asperger's Disorder (AS). The child with AS often reacts with anxiety and increasing rigidity when his world view is challenged. Family Theraplay can address cognitive processes such as conceptual and attentional flexibility, initiating new behavior, and modulating emotional expression.

Break-out Sessions Part Two

Rough and Tumble Play: Ideas from the World of Dance

Ilkka Lampi has taught ballet for 30 years, and danced with the Finnish National Ballet. This presentation will discuss the theory behind active interactional play-“rough and tumble play”. Ways to integrate rough and tumble play into individual and group Theraplay and family meetings will be demonstrated with video and interactive demonstration.

The Effect of Group Theraplay on Elderly Women Living Alone

Kim Yoon Kyung, PhD Sookmyung Women's University, Seoul, South Korea. This presentation will explore the adaptation of group Theraplay for elderly women, and the positive effects on their self-esteem.

Theraplay Research Project: How You Can Help Theraplay Become Evidence-Based

Rand Coleman, PhD, Phoenixville, PA. The presentation will cover methods to set up a reliable and valid outcomes measurement system for your private practice or treatment program. A blind, clinically controlled research project in development will also be discussed. Participation guidelines will be discussed with attendees.

Closing: International Songs and Games

Please note: This schedule of events is subject to change.

Updated program notes and learning objectives will be available at the conference registration.

Come Play With Us...Conference Social Events

Wednesday, July 13 * Double-decker bus city tour, 5:00 – 7:00 p.m. * \$18/person

We've chartered the whole bus to give you a chance to meet and socialize with your Theraplay conference colleagues. Tour departs from the Gleacher Center where our conference will convene the next day.

Thursday, July 14 * Rooftop Garden Cocktail Reception 6:00 – 8:00 p.m. * \$50/person

Enjoy the panoramic view of the city from the lovely landscaped garden at the University Center, 525 S. State St., where we will be honoring Drs. David Myrow and Susan-Bundy Myrow with the 2011 Ann Jernberg award. This is food and fun with your colleagues, not a formal affair! Appetizer buffet and all drinks included.

Friday, July 15 * Party at the Parthenon in Greektown! 6:30 – 8:30 p.m. * \$35/person

Enjoy an authentic array of Greek delicacies in this famous restaurant's party room (314 S. Halsted St.). Includes full dinner and soft drinks. Cash bar.

Pre- and post- conference events:

Intermediate Theraplay & MIM (*pre-requisite, Introductory Theraplay and MIM*) CE's: 19.5

July 11-13, 2011, University Center, 525 S. State St., 8:30 start each day

Introduction to Theraplay Seminar (*for beginners*) CE's: 6

July 13, 2011, Gleacher Center, 450 N. Cityfront Plaza Drive, 8:30 – 4:00

Advanced Practice Day 1: Working with Parents (*Separate registration is available for this day, with no pre-requisite. It will feature four experienced therapists and their specific techniques for working with parents in Theraplay, especially challenging parents, including video examples of their work and discussion*) CE's: 6

July 16, 2011, University Center, 525 S. State St., 8:30 – 4:00

Advanced Practice Day 2: Supervision Opportunities (*pre-requisite, Intermediate Theraplay and MIM, and attendance at Day 1*) CE's: 6

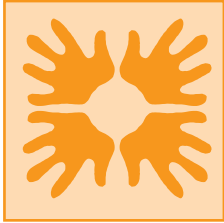
July 17, 2011, University Center, 525 S. State St., 8:30 – 4:00

Attendance at these events will be limited. Practicum students will be given preference to receive supervision on Day 2 of Advanced Practice. In addition to CE's practicum students can earn supervision credits for attending Intermediate and Advanced training. For more information, please visit: www.theraplay.org.

5th International Theraplay® Conference

Registration Form

Please print.



THE Theraplay® INSTITUTE

1840 Oak Avenue
Suite 320
Evanston, IL 60201 USA
847/256-7334 (phone)
847/256-7370 (fax)
info@theraplay.org
www.theraplay.org

This is my Home Address Work Address

Name _____ Degrees _____

Job title _____

Organization _____

Address _____

Home Phone _____

Work Phone _____

Email _____

Please register me for (check all that apply): **NO PRICE INCREASE SINCE 2005!!!**

Event	Member Fee	Non-member Fee	Student Fee	Check here	Amount
Conference, July 14-15:					
Early Registration	230.00	295.00	195.00		
Bring a new friend*	175.00	195.00	n/a		
After May 27th	295.00	360.00	230.00		
After July 1st or On-site	325.00	395.00	295.00		
Intro to Theraplay seminar, July 13	125.00	125.00	105.00		
Intermediate Training, July 11-13	500.00	525.00	n/a		
Advanced Practice, July 16-17	270.00	295.00	n/a		
July 16 only: Working with Parents	195.00	225.00	n/a		
Theraplay Membership			50.00		
Evening Social Events	Cost per person			# of tickets	
Sight-seeing Trolley July 13, 5:00 – 7:00 p.m.			\$18		
Rooftop Garden Cocktail Reception July 14, 6:00 – 8:00 p.m.			\$50		
Party at the Parthenon July 15 th , 6:30 p.m.			\$35		
Total amount enclosed	(Please see payment information below.)				\$

*Bring a friend rate applies only to people who have never attended one of our International conferences.

Payment Method

Check or Bank Draft in US Dollars made payable to **The Theraplay Institute** Charge my Visa MasterCard

Account number _____ Exp. Date _____ CVV# _____

Name on card _____

Signature _____

Registration Information

Register on-line: www.theraplay.org; or mail, fax or phone your registration information. Registration fees include Continental breakfast, CE's and conference materials.

The Theraplay Institute

1840 Oak Avenue • Suite 320 • Evanston, IL 60201
847/256-7334 • 847/256-7370 (fax) • info@theraplay.org

Cancellation Policy

Full refunds of registration fees minus a \$50 processing fee will be granted for cancellations made by June 20, 2011. No refunds will be granted after this date, although registration may be transferred to another person upon notification to TTI. Should unforeseen circumstances lead to a cancellation of this conference, TTI's liability is limited to refund of registration fees only.

Confirmation Letters

Written confirmation letters will be sent for registrations received prior to June 20, 2011. If you do not receive a letter, you may confirm your reservation by contacting us.

Payment Information

We accept VISA/Master Card and checks or bank drafts in US funds made payable to The Theraplay Institute. The applicable rate is determined by date of postmark. You may receive the Theraplay Association member rate if you are currently a member, or if you join with this application. The student rate is for full-time students or unpaid interns, and proof is required with registration.

Theraplay Association membership is \$50 per year (\$30 for full-time students). In addition to training discounts, members receive a 10% discount on media materials, newsletters, and a Theraplay tote bag. If you wish to join with this application, please check the box on the registration form and add \$50 to your payment.

Continuing Education Credit

Up to twelve contact hours may be earned at the conference. The Theraplay Institute is approved by the American Psychological Association to offer continuing education for psychologists. The Theraplay Institute maintains responsibility for the program. The Theraplay Institute is approved by the Association for Play Therapy to offer continuing education specific to play therapy. The Theraplay Institute maintains responsibility for the program. Our provider number is 95-008. The Theraplay Institute is an NBCC Approved Continuing Education Provider (ACEP #6470) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The Theraplay Institute is solely responsible for all aspects of the program. The Theraplay Institute is approved by the State of Illinois Department of Professional Regulation for Licensed Social Workers, Licensed Professional Counselors, Licensed Clinical Professional Counselors and Licensed Marriage and Family Therapists. The Theraplay Institute is approved by the Illinois State Board of Education for teachers and by Illinois Early Intervention. Provider numbers available upon request. We are also registered in CA and TX.

Hotel and Lodging Information:

There are numerous hotels within walking distance of The Gleacher Center. Please check our website for a map and partial listing. Chicago is a very popular summer destination, so please make your reservations early.

We also have a block of rooms at the University Center, a modern dormitory located approximately 1.5 miles from the conference center. Rates are \$72 per night with a roommate and \$120 per night for a private room with a shared bath. These rates include tax and hot breakfast each day. Public transportation is readily available.